



AEROBALL

Age: 7+



Heyswood - Conditions of use

Any activity involving height and motion creates the possibility of injury or death.

Misuse and abuse of this equipment, including the failure to follow the rules is dangerous and can cause injury.

Only play for short periods, 2 to 5 minutes when starting. As you build your endurance, play longer. It is when you are tired that injuries are most likely to occur.

1. The responsible adult who has signed this form must supervise the group at all times.
2. The responsible adult must inspect before using - report immediately to warden if any worn, missing or defective parts.
3. Participants must be over 7 years old to use the Aeroball.
4. There must be only one person on each pod of the trampoline at any time.
5. Participants must not wear shoes on the trampoline bed.
6. Participants must not do flips, spins or somersaults.
7. Participants must never land with knees locked or with their back arched.
8. The group is responsible for its own first aid requirements.
9. The aeroballs must be returned to the Warden immediately after the session.
10. Girlguiding UK accepts no responsibility for damage or injury resulting from use of the Aeroball unless proven negligent.

Group

Leader's name

I have completed a risk assessment. I have read and understood these conditions and agree to comply with them.

Signed Date.....