



## Low Ropes - Heyswood Risk Assessment

**Description:** Participants complete the Low Rope course as a group by working through challenges

**Learning Outcomes:** Accepting a challenge, taking a risk, fun

Leaders are responsible for reviewing and adding to the Risk Assessment which is recommended to be completed during a site visit. These are to be shared with the Leadership Team.

**Girlguiding members:** Girlguiding Consent Forms must be completed for any participant under 18 and appropriate Commissioner informed of intended activities

**For non-Girlguiding events / users:** The hirer must ensure appropriate insurance cover for the activities undertaken and provide evidence if requested by Heyswood Management Committee.

Hazards <i>What could cause harm or damage?</i>	Who or what is at risk of being affected and how?	What are you already doing? <i>How have you reduced the risk already?</i>	Likelihood of Risk Occurring (L / M / H)	Severity of Risk (L / M / H)	Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i>	Action by: name & date
Lack of Supervision	Participants	Named Leader responsible for activity has completed a familiarisation course Participants are briefed in the use of all equipment prior to the session Leaders /adults continuously monitor and assess the risks for the group, 'spotting' participants as required	L	L	Named activity Leader to sign Conditions of use form Recommend 1:8 ratio unless determined less by your unit	Leader
Faulty equipment	Participants	All equipment checked and maintained according to manufacturer's guidelines Visual inspection by leader prior to use, including platforms Leaders/adults are given training to spot incorrect wearing of safety equipment	L	L	All helmets will be checked before they are put away Report any issues to Warden	Leader

Injury due to slip, trip or fall from elements	Participants	Participants are given a safety brief prior to session of potential hazards Woodchips/mulch laid in challenge course area Leader/adult to ensure that no more than three participants on the platform at any one time Participants are spotted by leaders/adults throughout the course Ensure suitable clothing / footwear is worn, no loose clothing or jewellery	M	L	Helmets worn throughout the session First Aider and 1 <sup>st</sup> Aid Kit available GG Accident notification form Leader to take mobile phone to the Low Ropes activity due to the location on site	Leader
Tripping over/onto wires	Participants	Participants briefed on danger of wires Leaders/adults ensure groups walk within the challenge course area	M	L	Helmets worn throughout the session First Aider and 1 <sup>st</sup> Aid Kit available	Leader
Trapped hand, feet or fingers	Participants	Participants to be briefed clearly on potential hazards Trained leaders/adults to facilitate task of moving planks	M	L		Leader
Health issues	Participants	Leaders/adults to check any medical needs have been catered for	L	L	Leaders should have consent forms with health issues & emergency contact details First Aider and 1 <sup>st</sup> Aid Kit available	Leader
Adverse weather conditions Slippery surface	Participants	Leader to check platforms before session starts for safety Participants to have water bottle in case of dehydration	L	L	Check weather forecast Keep an eye for changes in weather Session may be cancelled in adverse weather conditions	Leader